



## Junior Chef Requirements Checklist

The forms below must be completed and submitted/received in the ALSDE CNP Office on or before 12:00 p.m. Tuesday, January 31, 2023, to Esther Hicks, Education Specialist II, at [ehicks2@alsde.edu](mailto:ehicks2@alsde.edu).

- Consent to Requirements and Rules of Competition
- 2023 Junior Chef Team Creation Entry Form
- Parental Permission and Release Form (1 for each student on the team – limit 4)
- If applicable, Parental Permission and Release Form (1 for each Alternate team member – limit 2)
- Recipe (Entrees Only) Submission Form (including ingredient list and equipment list) and Nutrient Analysis (Taste Tests, Nutritional Analysis, and final recipes – 6 copies)